

COOKEVILLE LEISURE LIFE



LEISURE
SERVICES
WEBSITE



Fall &
Winter
2025

A GUIDE TO PARKS, MUSEUMS,
CULTURAL ARTS, AND RECREATION
OPPORTUNITIES OFFERED BY
COOKEVILLE LEISURE SERVICES

Director's Notes

When I moved to Cookeville forty years ago to become the managing director of the Cookeville Drama Center, I could never have imagined where it would ultimately lead, but writing my final "Director's Notes" as I end my career in this same building was certainly not what I envisioned. The Department of Leisure Services did not exist in 1985, and my focus then was on growing the performing arts in this wonderful community, not on a comprehensive and diverse program of recreational offerings – or on retirement.

Now, forty years later, I understand how incredibly fortunate I was that the City of Cookeville created the department, two years later (in 1987), and gave me the opportunity to play a part in its development and growth ever since.

At that time, there were four parks and a total of nine staff members. Our department has grown to ten parks and more than 400 acres of parkland, and a staff of 48 full-time and 38 seasonal employees. We have added several new facilities and amenities, expanded responsibilities, embraced new trends and technologies, and adapted to recreational and cultural changes in our community over these 38 years.

As I reflect on the progress of our department, I am filled with a sense of pride for what we've accomplished and deep appreciation for the people with whom I've had the privilege of working alongside. This expansion and growth would not have been possible without the support and



encouragement of current and previous City Council members, City Managers, and talented and dedicated professional staff members whose commitment, loyalty, and belief in our mission have been unwavering. And, of course, the community members who participate in and believe in the work we do.

My retirement is somewhat bittersweet. There are great, exciting new developments on the horizon for the department and for parks, recreation, and leisure services in our community. We have four major projects nearing completion (read all about them on pages 4 and 5) and new parkland to develop, and so much more. I will miss being a part of it all. But I know the best is yet to come, and I can't wait to see what's next!

Thank you. It has been an honor to serve this community. Your trust, involvement, and support have made this job more fulfilling than I could ever have imagined. I hope my work here has, in some small way, enhanced the quality of your life.

Rick Woods

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BUILDING BETTER DAYS

At Leisure Services, every project begins with a question: how can we make life better for the people who live, work, and play in Cookeville? This season, that vision is taking shape through four major developments aimed at expanding access, enhancing comfort, and creating new ways to connect.



CPAC Renovations

The Cookeville Performing Arts Center (CPAC) is a hub of creativity and culture, and it's getting a thoughtful upgrade. Renovations include a refreshed parking lot, updated restrooms, and modernized concession stands, all designed to elevate the experience for both performers and audiences.

"We want everyone who walks through the doors of CPAC to feel welcomed, comfortable, and proud of their local performing arts center," says Rachel Wingo, Cultural Arts Superintendent. "These updates support that mission by making the experience smoother and more accessible from the moment you park to the final curtain call."

Dogwood Park

Additionally, a new defined entryway from Walnut Avenue is being introduced to enhance accessibility at Dogwood Park. This entry point will include sidewalk connections that create a safer and more inviting pedestrian experience, while seamlessly linking Dogwood Park to Walnut Avenue and the broader downtown business district. The addition not only improves pedestrian safety and ease of access but also enhances the overall aesthetic appeal of the park, inviting more visitors to explore the area.

Pickleball Courts



Pickleball is one of the fastest-growing sports in the country, and Cookeville is answering that demand with the construction of brand-new public pickleball courts.

These courts will provide a space for residents of all ages to stay active, enjoy friendly competition, and connect with others through recreational play.

"Pickleball continues to grow in popularity. It's fun, social, and easy to learn," says Seth Bruton, Athletics Superintendent. "This new facility will give our community a dedicated space to play, whether you're a beginner or a seasoned player."



Splashpad + Playground

Soon, families will have a new destination for summer fun with the addition of the largest splashpad in the state, a new playground, a restroom facility, and a convenient adjacent parking lot. This new feature is designed to be both accessible and family-friendly, offering a safe space for kids to cool off and play, while giving parents easy access and peace of mind. The new parking lot will serve the playground, splashpad, and pickleball courts, making it accessible for all three attractions in this area. With fun water features, a modern playground, shaded areas, and nearby restrooms, this addition is all about making outdoor play easy, comfortable, and enjoyable.



Cane Creek Park Expansion

Cane Creek Park is expanding in a big way with more trails, green space, and amenities, including a new picnic shelter and an additional parking lot. This project ensures that Cookeville's most popular park continues to meet the evolving needs of its diverse visitors.

Over a mile of new trails will connect seamlessly to the existing trail system, enhancing access and encouraging even more outdoor activity. A new restroom facility will also be added in the expanded area to provide convenience for parkgoers.

"We want everyone, regardless of age or ability, to find joy, movement, and relaxation at Cane Creek," says Chad McDonald, Leisure Services Director Designee.

"This expansion is about honoring what the park already means to people while imagining all the ways it can serve them even better in the future."



These Projects Are For You

These developments are more than construction, they are investments in Cookeville's quality of life. Each project is shaped with the resident in mind: smoother parking, updated venues, vibrant places to play, and room to breathe in nature.

As they take shape, these spaces will become part of your daily rhythm where you gather, explore, perform, play, and simply be. We can't wait for you to experience what's next.

PARKS

West End Park

609 West End St.

This park has play equipment, two picnic shelters, a court for basketball and pickleball, a small field, and restroom facilities. This park is also a place of history. It was once the site of the Darwin School, which served African American students from 1928 to 1963. A historical marker on the grounds preserves the memory of the students, teachers, and community who were part of this important chapter in Cookeville's history.



City Lake Natural Area

2010 Bridgeway Drive

City Lake is a favorite among fishermen, kayakers, and hikers.

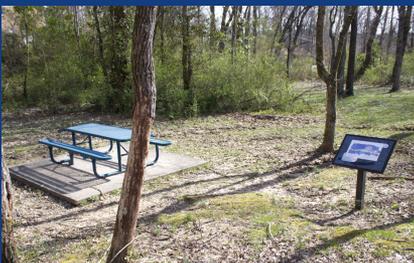
The lake, a no wake zone, has a boat launch and fishing pier. Picnic tables are close, and a small waterfall awaits at the end of a short, quarter-mile trail through the woods.



Cane Creek Park

201 CC Camp Road

The largest park in Cookeville, Cane Creek Park, is a great place to hike, bike, picnic, fish, walk the dog, swing, and more! The 56-acre lake is ideal for kayaks, paddle boats, and canoes (available to rent April-October). The 18-hole disc golf course is popular with all ages. The park also has playgrounds, trails, covered shelters, additional picnic tables, a boat ramp (for boats without gas motors), and a fully-enclosed public dog park!



Walnut Park

86 S. Walnut Ave.

Nestled behind the Cookeville Senior Citizens Center, this park has a gazebo, paved walking trails, and picnic tables. Access the park through the new entrance located in the city parking lot on the corner of Spring Street and Walnut Ave or behind the Cookeville Senior Citizens Center.

Capshaw Park

60 E. Stevens St.

This natural area, near Capshaw Elementary, is the perfect place for peace and quiet. It has three picnic tables and a scenic Storybook Trail.



PARKS

Dogwood Park

30 E. Broad St.

This downtown area, with open green spaces and an interactive splash fountain, is a great place for quiet picnics and leisurely walks! It also features a performance pavilion, a gazebo, and the Heart of the City Playground.



Ensor Sink

670 Clover Hill Dr.

A serene park in the heart of town, Ensor Sink features four picnic tables, walking trails, a small amphitheater, stone council ring, and an informational kiosk about the sink hole system.

Cinderella Park

700 Cinderella Lane

Cinderella Park, one of Cookeville's oldest neighborhood parks, has so much to enjoy! You can find play equipment, a swing set, a small picnic shelter with a charcoal grill, additional picnic tables, a basketball court, and restroom facilities. It also offers convenient access to the Tennessee Central Rail Trail.



Park View Park

570 Scott Ave.

This park features four baseball fields, play equipment, a picnic shelter with a charcoal grill, and a concrete skate-boarding park.

Franklin Avenue Park

550 N. Franklin Ave.

This small neighborhood park at the corner of Franklin Avenue and 6th Street features play equipment and a picnic shelter.





More Than Dance: What the School of Dance Means to Our Families



“My daughter started when she was 3. She was shy and lacked confidence. Mrs. Emily Rose helped her grow in her confidence, but also to love dance. To see how proud she was at her recital and to lead her group out made my heart swell! We give Mrs. Emily all our love and appreciation for helping our little grow!”

Rachel Birdwell Holla



“My daughters both started two years ago. They have fallen in love with dance and adore Ms. Emily Rose and Ms. Jenny. My oldest has come out of her shell, and my youngest's personality shows through during recital. It has been a wonderful experience for our family!”

Kaitlyn Nicole Farmer



“We absolutely love this program! My oldest will be on year 3 this coming fall and participating in 2 classes per week. This program has ignited a fire in her that she gained enough confidence to participate in a solo dance for the school wide talent show!”

Rebecca Birman



“After dancing most of my life, I took an 11-year break—until last season. I finally found the courage to step back into class, and I'm so grateful I did. To top it off, I found out I was pregnant in January, and I danced through my first five months of pregnancy. At 30, it's a comeback I never imagined, but one that fills me with so much joy. I am so happy I started dancing with the Cookeville Leisure Services School of Dance. Not only did I find my passion again, but I found a wonderful group of women of various ages and backgrounds who are so supportive and fun to be around. I found friendship. I found encouragement. And so much more. While I won't be able to return in the fall because of my due date, I eagerly anticipate returning after Christmas break, and I look forward to bringing my new bundle of joy to class.”

Megan Reagan



KIDS CORNER

U	S	C	C	R	E	B	C	N	R	A	R	A	S
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C	K	M	T	U	T	U	S	P	O	R	T	S	T
S	E	U	M	S	T	F	P	L	M	M	S	P	H
D	S	S	A	L	K	A	A	M	T	H	C	A	E
E	P	E	S	L	P	P	N	L	U	I	C	R	A
P	E	U	A	E	A	O	D	L	O	S	A	K	T
O	A	M	T	G	N	S	O	A	K	T	M	S	R
T	R	P	O	O	H	T	U	B	R	O	P	G	E
M	E	D	S	O	S	C	I	T	O	R	D	A	M
M	T	Y	R	T	S	L	C	F	W	Y	R	R	Y
M	A	O	T	R	E	C	N	O	C	T	G	Y	M
D	O	G	W	O	O	D	A	S	D	A	N	C	E

DOGAPALOOZA
 SOFTBALL
 HISTORY
 MUSIC
 CONCERT
 FITNESS
 DOGWOOD
 SHAKESPEARE
 PARKS
 THEATRE
 DEPOT
 SPORTS
 CAMP
 WORKOUT
 NATURE
 GYM
 MUSEUM
 ART
 DANCE



FACILITIES

Cookeville Performing Arts Center

10 E. Broad St. | 528-1313

This 456-seat facility produces local shows, including CPAC's award-winning Backstage Series, as well as concerts, dance recitals, film screenings, and other entertaining events.



Cane Creek Dog Park

180 CC Camp Road | 526-7393
Cookeville's first public dog park, located inside Cane Creek Park, features off-leash areas for large and small dogs and dog agility equipment.

Dogwood Performance Pavilion

30 E. Broad St. | 528-1313

Concerts, plays, outdoor movies, and more are presented at Dogwood Park's Performance Pavilion throughout the year.



Cane Creek Sportsplex

2200 W. Jackson St. | 520-5224

Cane Creek SportsPlex, a complete softball and baseball complex with four adult fields and four youth fields, hosts many major tournaments throughout the year, as well as spring and fall leagues.



Park View Skate Park

570 Scott Ave. | 520-4386

The skate park located at Park View Park features fun and challenging features for skaters such as wall rides, ledges, rails, and bowls. This concrete facility is the first of its kind in Upper Cumberland.

Cookeville History Museum

40 E. Broad St. | 520-5455

Calling all history lovers! This museum offers exhibits, both temporary and permanent, that promote the history of Cookeville & Putnam County. Take a look around and learn something new about something old. Visit Tuesday through Saturday, 10:00 AM - 4:00 PM. Admission is free.



FACILITIES

Depot Museum

116 W. Broad St. | 528-8570
Built in 1909, this facility is on the National Register of Historic Places. You'll find Tennessee Central Railway artifacts inside the museum. Outside you can see an engine, caboose, and track cars. Events and activities are held throughout the year.



Heart of the City Playground

30 E. Broad St. | 520-4386
This 12,000-square-foot facility in Dogwood Park is designed so that all children, regardless of their ability or mobility level, can play together. (Closes at dusk).

Cookeville Farmers Market

201 Mahler
The Market is open seven days a week 6 AM to 6 PM. You must have a permit to set up at the Farmer's Market.



Cane Creek Gymnasium

180 CC Camp Road | 526-9767
Visit the gymnasium to play basketball, soccer, volleyball, pickleball, cornhole, or spike ball. This facility hosts league play, produces youth camps, and is available as a rental. Admission is \$1.



Cane Creek Recreation Center

180 CC Camp Road | 526-7393
Join in on the fun at Cane Creek Recreation Center! This facility hosts fitness programs, youth camps, events, classes, workshops, and more!

Cookeville City Cemetery

241 S. Walnut Ave. | 372-8086
Office hours for the city-maintained cemetery are Monday through Friday, 9:00 AM - 3:00 PM.



City Maintenance

241 S. Walnut Ave. | 372-8086
We maintain all city parks and facilities, even those not associated with Leisure Services.



Employee Spotlight

Sally HERREN

When you walk through the doors of the Cane Creek Recreation Center, there's a good chance you'll find the bright smile of Sally Herren. As the center's Recreation Programmer, Sally is the creative force behind many of the rec center's programs that bring joy to our community and her passion for her work is contagious.

Sally is a Cookeville native through and through. After graduating from Tennessee Technological University in 2013 with a bachelor's degree in



Human Ecology and Nutrition, she began her career at the local hospital in the food and nutrition department. However, it was her 11-year tenure as a movie theater manager that laid the groundwork for her future in recreation.

There, Sally sharpened her skills in customer service, organized group field trips, and learned how to create memorable experiences for people of all ages.

Those talents would come in handy when, in March 2020 (just one week after the devastating Cookeville tornadoes and one week before the world went into COVID-19 lockdown), Sally stepped into her role as recreation programmer at the Cane Creek Recreation Center.

"It was a very slow start," Sally recalls. "With the pandemic, there just wasn't much planning to do at first, but I found ways to keep people connected."

Her first initiative was "Staying at Home with Sally," an online program where she led craft tutorials and at-home activities for families stuck in quarantine. It was a bright spot during a dark time, and it set the tone for Sally's creative approach to programming.

Sally stepped into the role of Mildred Garrett, a Leisure Services legacy who had recently retired. One of the traditions Sally was most excited to inherit from Mildred was the Merry and Bright Holiday Home Challenge, a competition for the best outdoor Christmas decorations in Cookeville.

As facilities reopened post-COVID, Sally began in-person programming. One of her first revived activities was Tai Chi, a class that thrives today. Another highlight was a partnership with Art Jam Cookeville, where local artists taught painting classes at the rec center.

She also loves being involved in large-scale events like Dogapalooza and the Dogwood Christmas Tree Lighting, which she collaborates with other leisure services employees to make happen.

In addition to planning events, Sally also instructs two fitness classes at the rec center, Boot Camp and Spin, bringing her energy to participants each week.



What makes it all worth it for Sally? The answer is simple: connection.

“I find meaning in this job when someone tells me they loved a program I put together or an instructor I chose,” she says. “It means a lot when I make people happy through my work. I love bringing joy to the community and children.”

Her commitment runs so deep that she jokes, “I always tell people I love my job so much that if I won the lottery, I’d still come to work! I love what I do and not many people get to say that.”

Outside of work, Sally finds an abundance of joy. She and her husband are raising two little girls who also benefit from the programs she helps coordinate. Her daughter attends Leisure Services Day Camp and School of Dance, and the whole family enjoys events and fishing trips to Cane Creek Park.

Sally describes herself as someone who treasures “faith, family, friends, Gilmore Girls, Disney, Harry Potter, and autumn.” Her wholehearted approach to life makes her not only an outstanding team member but a beloved part of the community.

As she continues to plan events, inspire creativity, and brighten lives, Sally Herren proves that recreation is about much more than fun. It’s about fostering connection, celebrating joy, and making a meaningful difference.

Fall & Winter 2025 Events

Brown Bag Lunch Concerts

October 3, 10, 17 & 24

Enjoy live music and lunch on the Cookeville Depot patio from 11:30 AM – 1 PM! This is a free concert series where lunch is available to purchase on-site. Presented with support from the Cookeville Arts Council.

Shakespeare in The Park

October 3-5 & 8-11

Shakespeare in the Park returns with 'Troilus and Cressida' at the Dogwood Park Performance Pavilion. Bring your blankets and chairs and enjoy this classic play in a beautiful outdoor setting. Performances begin at 7 PM. Presented with support from the Cookeville Arts Council.

History Hike

October 11

Step into the past as you explore downtown Cookeville's stories between the Depot and History Museum from 10:30 AM - 2:30 PM. Each hike has a unique theme, and completing it enters you into a prize drawing.

Men's Basketball

November - December

Gather your team for a 5v5 basketball league at Cane Creek Gymnasium. Games begin November 9 and will take place on Sunday afternoons. A tournament will wrap up the season on December 21.

Winter Trout

December & January

Tennessee Wildlife Resources Agency releases approximately 5,000 rainbow trout into the lake each year through its winter trout stocking program. Anglers must have a Tennessee fishing license and trout stamp.

Youth Volleyball

January - March

Our youth volleyball league is available to both boys and girls, ages 7-9, 10-12, and 13-15. Registration opens November 3, evaluation day is January 10, and games begin February 7.



Fall & Winter 2025 Events

Fit Frenzy

January 31 | 8:30 - 11:00 AM

Enjoy a free sampling of group fitness classes all in one morning at Cane Creek Recreation Center. Different classes are offered every half hour. Meet the instructors and find your fitness fit.



Chattanooga Ballet

February 26 & 27

Learn from the best at Chattanooga Ballet's Master Classes on Thursday, February 26 at 4:30 PM and 6 PM. Then, experience their artistry live on stage at their performance Friday, February 27 at 7:30 PM



Westside Scavenger Hunt

January - March | 10:30 AM - 2:30 PM

Gather your family and friends for a WestSide adventure. Start at the Depot Museum, then follow the clues and snap photos at participating businesses. Complete the challenge to be entered in a prize drawing. Free fun on the second Saturday of the month.



Backstage Series

**January 16, 17, 18, 20, 22, 23, & 24
February 13, 14, 15, 17, 19, 20, 21, 22**

Cookeville Performing Arts Center's Season 33 Backstage Series gives audiences an intimate experience seated on stage with the actors. The season features *Lost Girl* by Kimberly Belflower, opening January 16, and *Two Across* by Jerry Mayer, opening February 13.



Father Daughter Date Night

February 20, 21, 26, 27 and 28

This annual event features a formal dinner and dancing for dads and daughters of all ages at the Leslie Town Centre. Tickets for this sell-out event go on sale in January. An additional night was added so more people can experience this wonderful event!



2025 Holiday Events

Santa's Coming to Town

December 12 - 21

Enjoy a free visit with Santa and his elves on stage at the performance pavilion in Dogwood Park. He'll be there December 12, 13, 19, & 20 from 5-8 PM, and December 14 & 21 from 3-6 PM. These dates and times are subject to change, so keep an eye on our social media channels for updates.



Merry & Bright Holiday Home Challenge

November - December

Join Cookeville's Annual Merry and Bright Holiday Home Challenge & Tour of Lights! Enter the contest in November by decorating your home for a chance to win prizes. Pick up a free map at City Hall, the Leisure Services Office, or online to enjoy the tour and see the decorated homes.



Holiday Concert

November 30

The Cookeville Community Concert Band will perform its annual free holiday concert at 3:00 PM at the Cookeville Performing Arts Center.



Christmas Forest Exhibit

Dec 4 - Jan 3

Browse through a display of Christmas trees during the Cookeville History Museum's seventh annual Christmas Forest exhibit. See during museum hours: 10 AM - 4 PM Tuesday-Saturday.



Depot Christmas

Dec 6

There is never a shortage of free holiday fun for the entire family at our annual Christmas at the Depot! Don we now our ugliest Christmas sweaters for all the fun happening from 10:00 AM to 3:00 PM. Santa will be there, too - just keep in mind he takes a break from noon to 1:00 PM!



Tree Lighting Ceremony

Dec 7

The annual Christmas in the Park Tree Lighting Ceremony will be held at 6:00 PM at Dogwood Park. The lights will come on, brightening our 40' tall tree. A 15-minute lightshow synchronized to music will follow. The lightshow will happen nightly during the holiday season every hour on the hour, 5-9 PM.





Merry Moments



With Leisure Services

The holiday season is a special time for Cookeville Leisure Services. It's our chance to bring joy, light, and connection to the community through festive events that celebrate togetherness.

From twinkling Holiday Lights at Dogwood Park to the Holiday Concert, Visits With Santa, the Christmas Forest Exhibit, and more, every program is designed to create meaningful memories for all ages.

We hope to bring about moments that pull neighbors closer, support local talent, and remind us of the magic in giving and gathering.

For us, the holidays are about building community spirit.

We're proud to help make this season merry, bright, and full of heart for everyone.





Tennessee Tech Launches Salamander Research in Local Natural Area

When Tennessee Tech's Dr. Joshua Hall and his students began surveying salamanders at City Lake, they weren't just collecting data - they were engaging in education, curiosity, and appreciation for the park's unique ecosystem.

"Every salamander we find tells us something about the health of our environment," said Dr. Hall, who leads the project. "By studying their populations, we gain insight into how well our local ecosystems are functioning. That's something that benefits everyone who enjoys this park."

Students Gain Hands-On Experience

For the student researchers in the Developmental Ecophysiology Lab, the experience has been transformative.

"It has been a terrific experience and made me incredibly interested in working with amphibians in the future," says undergraduate student, Natalie Troth, "I've gained so much valuable experience through this opportunity!"

On field days this year, the team has documented a wide variety of salamanders. Each animal was photographed, measured, and gently returned to its habitat. The students noted that the process gave them a deeper respect for the delicate balance of nature at city parks.

Why It Matters to Park Visitors

Visitors who frequent City Lake can say they feel reassured knowing careful work is happening to protect ecosystems in their local natural area.

The research also builds on a remarkable discovery from last summer: the first-ever observation of a rare Green Salamander in the park. Its presence underscores City Lake's ecological importance, and residents are proud to have such biodiversity in their own backyard.

Looking Ahead

Monthly surveys will continue throughout the year, giving Dr. Hall's team valuable data while offering students opportunities to learn and grow. For the community, the project provides a reminder of the natural treasures at our parks and the importance of protecting them.

"This area is more than just a place to walk or picnic," said Maintenance Superintendent, Allen Boles. "It's home to wildlife that tell us how healthy our environment is. Knowing research is being done here makes me feel connected to something bigger."

As salamanders continue to be studied at City Lake, one thing is clear: the impact extends far beyond science. It strengthens bonds between people, nature, and the community spaces that bring them together.

RECREATION & MORE!



FITNESS

We offer daily group fitness classes at Cane Creek Recreation Center. Drop in for only \$3 per class. Your first class is free!
Monthly Schedule:



cookeville-tn.gov/ls/fitness

CLASSES & PROGRAMS

Looking for a way to spend your time? Get involved with our classes and programs such as craft workshops, Tai Chi, Meditation, or Self Defense. See what's new:

cookeville-tn.gov/ls/classes-programs



SCHOOL OF DANCE

Leisure Services School of Dance offers ballet, theatre jazz, and modern dance for ages 3 and up.

cookeville-tn.gov/dance



FALL CAMP

Our recreational day camps at Cane Creek Recreation Center give kids a way to stay active and make new friends during school breaks.



CONNECT WITH US!



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@CookevilleLeisureServices



FACEBOOK

Cookeville LS



TIKTOK

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